

Graderie la Briosphere Mar 2022 Menu

Mar 2022 - February 18 2022

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Week one	Monday February 28	Tuesday Mar 1	Wednesday Mar 2	Thursday Mar 3	Friday Mar 4
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal and raisons	mixed muffins	Sliced Fruit	Peaches	Banana
	Lunch	Lunch	Lunch	Lunch	Lunch
	Chicken Quesadilla (cheese, peppers)/ Sliced veggies	Soft Tacos / taco filling/ cheese/ sour cream/ Lettuce/ tomato	Ham / Mashed potatoes / peas	Pasta / meatsauce / Tossed salad	Chicken Noodle Soup / Mixed sandwiches
	Pm Snack	Pm Snack	PM Snack	PM Snack	PM snack
mixed cookies	Raison/ Cranberries/ Cheerios	Crackers and Cheese	Goldfish	large Carrot cupcakes with cream cheese icing	
Week Two	Monday Mar 7	Tuesday Mar 8	Wednesday Mar 9	Thursday Mar 10	Friday Mar 11
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal	Strawberry Yogurt	Chocolate chip Muffins	Sliced fruit	Strawberry Bars
	Lunch	Lunch	Lunch	Lunch	Lunch
	BBQ meat balls / Noodles/ Peas	Breakfast Sausages / Pancakes / sliced Fruit	Chicken Ranch Wraps / Sliced vegetables	Lasagna	Chicken / Rotini Pasta with butter and parmesan / caesar salad
	PM Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
Nachos / Salsa	Ham and Cheese roll ups	nan bread / Salmon Pate	granola Bars	Apples	
Week Three	Monday Mar 14	Tuesday Mar 15	Wednesday Mar 16	Thursday Mar 17	Friday Mar 18
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	cereal	Banana Bread	Waffle dippers/ Syrup	Sliced Melon	Apple Sauce
	Lunch	Lunch	Lunch	Lunch	Lunch
	Tater tot Casserole / Tossed salad	Roast Beef / Mashed potatoes/ corn	Bread chicken / vegetable rice / Sliced veggies	Spaghetti and Meatballs / Ceasar salad	tomato Vegetable soup/ Turkey sandwiches
	PM Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
Raison Oatmeal cookies	Cheese fingers / grapes	Mandarian Oranges	Choclate chip cookies	Cheese /crackers	

Week Four	Monday Mar 21	Tuesday Mar 22	Wednesday Mar 23	Thursday Mar 24	Friday Mar 25
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal and Berries	Vanilla Yogurt	Sliced fruit	Apple sauce	Mixed muffins
	Lunch	Lunch	Lunch	Lunch	Lunch
	Macaroni and Cheese/ Tossed salad	Chicken Stew/ Cheese biscuits	Sloppy Joes/ homefries/ Sliced veggies	Roasted turkey / Mashed potatoes/ cooked carrots	Chicken fingers / French fries / Sliced Cucumbers
	Pm Snack	Pm Snack	Pm Snack	Pm Snack	PM snack
	Orange sections	Cranberry loaf	Cinnamon Nachos	Cheese /crackers	Hummus/ Nachos
	Monday Mar 28	Tuesday Mar 29	Wednesday Mar 30	Thursday Mar 31	
	Am Snack	Am Snack	Am Snack	Am Snack	
	Cereal and raisons	Blueberry muffins	Fruit cocktail	Watermelon	
	Lunch	Lunch	Lunch	Lunch	
	Swedish Meatballs / Mashed potatoes/ Corn	Sausages / rice / broccoli	Beefy and Cheese casserole /caesar Salad	Roasted chicken / Roasted Potatoes/ Mixed vegetables	
	Pm Snack	Pm Snack	Pm Snack	Pm Snack	
	mixed cookies	Banana Bread	Apple	Cheese /crackers	