

Graderie la Briosphere February 2022 Menu

February 2022 - Revised January 22, 2021

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Week one	Monday January 31	Tuesday February 1	Wednesday February 2	Thursday February 3	Friday February 4
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal and raisons	mixed muffins	Sliced Fruit	Peaches	Strawberry Bars
	Lunch	Lunch	Lunch	Lunch	Lunch
	Beef Stew / Caesar salad	Soft Tacos / taco filling/ cheese/ sour cream/ Lettuce/ tomato	Ham / Mashed potatoes / peas	Pasta / meat sauce/ Caesar salad	Mixed Sandwiches / Chicken Noodle Soup
	Pm Snack	Pm Snack	PM Snack	PM Snack	PM snack
mixed cookies	Gold Fish / raison/ Cranberrries / Cheerios trail mix	Crackers and Cheese	Banana Bread	Apples	
Week Two	Monday February 7	Tuesday February 8	Wednesday February 9	Thursday February 10	Friday February 11
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal	Strawberry Yogurt	Waffle dippers with syrup	Sliced fruit	Mixed Quiches
	Lunch	Lunch	Lunch	Lunch	Lunch
	Honey garlic Meatballs / Rice / Corn	Breakfast Sausages / Pancakes / sliced Fruit	Chicken Ranch Wraps / Sliced vegetables	Meat loaf/ home fried potatoes/ corn	Chicken and Vegetable Stir fry / Butter noodles
	PM Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
Nachos / Salsa	Rolled Ham	nan bread / hummus	Banana	Cheese/ Crackers	
Week Three	Monday February 14	Tuesday February 15	Wednesday February 16	Thursday February 17	Friday February 18
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	cereal	Banana Muffins	cream cheese danishes	Sliced Melon	Apple Sauce
	Lunch	Lunch	Lunch	Lunch	Lunch
	Beef and bean burritos / Tossed salad	Roast Beef / Mashed potatoes/ corn	Sweet and Sour Chicken / rice / sliced peppers	Spaghetti and Meatballs / Ceasar salad	tomato Vegetable soup/ Turkey sandwiches
	PM Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
Cranberry loaf	Cheese fingers / grapes	Mandarian Oranges	Ginger snaps	Cheese /crackers	

Week Four	Monday February 21	Tuesday February 22	Wednesday February 23	Thursday February 24	Friday February 25
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal and Berries	Mixed Yogurt	Sliced fruit	Apple sauce	Mixed muffins
	Lunch	Lunch	Lunch	Lunch	Lunch
	Macaroni and Cheese/ Tossed salad	BBQ meatballs / Mashed potatoes/ green beans	Beef Stew/ Cheese biscuits	Roasted turkey / Mashed potatoes/ cooked carrots	Chicken fingers / French fries / Sliced Cucumbers
	Pm Snack	Pm Snack	Pm Snack	Pm Snack	PM snack
	Apple	Cheese roll ups	sliced veggies	Cheese /crackers	banana Protien balls
	Monday February 28				
	Am Snack				
	Cereal and raisons				
	Lunch				
	Chicken Quesadilla (cheese, peppers)/ Sliced veggies				
	Pm Snack				
	mixed cookies				