

Garderie la briosphere Sept Menu

Revised August 31, 2022

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Week one				Thursday Sept 1	Friday Sept 2
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
				Peaches	Mixed muffins
	Lunch	Lunch	Lunch	Lunch	Lunch
				Grilled Cheese / Sliced veggies	Cheese / pepperoni Pizza
	Pm Snack	Pm Snack	Pm Snack	Pm Snack	PM snack
			Nachos / Nacho Dip	Mixed Cookies	
Week Two	Monday Sept 5	Tuesday Sept 6	Wednesday Sept 7	Thursday Sept 8	Friday Sept 9
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
		Cereal	Mixed Loafs	Sliced fruit	Strawberry Bars
	Lunch	Lunch	Lunch	Lunch	Lunch
	Closed Labor day	Soft Tacos / taco filling/ cheese/ sour cream/ Lettuce/ tomato	Cold Plate: Ham/Turkey, cucumbers, peppers and Pickles with a mini croissant	Popcorn chicken/ mashed potatoes/ corn and gravy bowl / Tossed salad	Mixed sandwiches / Pickles / Sliced veggies
	PM Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
	Apples	salmon Pate and Nan bread	Cheese and Grapes	Hummas and Nachos	
Week Three	Monday Sept 12	Tuesday Sept 13	Wednesday Sept 14	Thursday Sept 15	Friday Sept 16
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	cereal	Waffle Dippers	Apple Bread	Sliced Fruit	Blue berry Muffins
	Lunch	Lunch	Lunch	Lunch	Lunch
	Macaroni and Cheese/ Tossed salad	Beef Sliders/ Potato Wedges / Vegetable	Ham / Mashed potatoes /peas and Carrots	Pasta and Meat sauce / Caesar salad	Ranch wraps / Sliced peppers and Cucumbers
	PM Snack	Pm Snack	Pm Snack	Pm Snack	Pm Snack
Sliced veggies	Ham and cheese roll up	Ganola Bars	Cheese/ crackers	campout Trail Mix Marsh Mellows teddy grahams choclote chips	

Week Four	Monday Sept 19	Tuesday Sept 20	Wednesday Sept 21	Thursday Sept 22	Friday Sept 23
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal and Berries	Sliced Fruit	Scone / strawberry jam	Apple sauce	Mixed muffins
	Lunch	Lunch	Lunch	Lunch	Lunch
	Roasted chicken / Mashed Potatoes / Mixed vegetables	Spaghetti / Meat balls / caesar salad	Pancakes / Sausages/ Sliced fruit	Honey Garlic Meatballs / rice/ corn	Mixed sandwiches / Pickles / Sliced veggies
	Pm Snack	Pm Snack	Pm Snack	Pm Snack	PM snack
	Mixed cookies	Banana	Cheese / Crackers	Trail Mix goldfish/ cheerios / Cranberries	Hummus/ Nachos
	Monday Sept 26	Tuesday Sept 27	Wednesday Sept 28	Thursday Sept 29	Friday Sept 30
	Am Snack	Am Snack	Am Snack	Am Snack	Am Snack
	Cereal and raisins	Sliced fruit	Mixed muffins	Banana Bread	Peaches
	Lunch	Lunch	Lunch	Lunch	Lunch
	Roast Beef / mashed Potatoes / Corn	ham / Mashed potatoes/ Peas	Chicken / Rice / Broccoli	Lasagna / caesar Salad	Mixed Sandwiches with cheese and meat and Sliced vegetables
	Pm Snack	Pm Snack	Pm Snack	Pm Snack	PM snack
	Sliced Veggies	Salsa/ nachos	Water melon	Apple	Cheese / Crackers